



December 15, 2020

ABOUT COVID-19 VACCINE DISTRIBUTION:

The New Mexico Department of Health (NMDOH) is in the process of developing a website for registration for the COVID-19 vaccine. Once built, all New Mexico residents will be able to login and register to receive a vaccination. It will be the responsibility of NMDOH to determine the order of vaccine distribution to the general public, based on a number of determining factors, such as whether or not the individual is in a High-Risk category.

Once completed and launched, the website will gather information supplied by the individual requesting a vaccine, and then will notify them of their status and when they will be able to receive the vaccine at a later date.

NMDOH will be the point of contact for all vaccination information and will notify Sandoval County's public health officials as soon as they know when shipments of the vaccine will be made available for the community. At that point, Sandoval County will begin advertising Vaccination Points of Distribution via news media outlets, social media, and county and partner websites or newsletters. It is anticipated that the earliest the County might receive vaccines for the general public is mid-March or April.

Please feel free to call Department of Health hotline 855-600-3453 if you have questions or need more information. **Call 911 if you need medical help.**

GENERAL GUIDANCE for COVID-19:

How do you know that you have contracted the coronavirus?

The signs of COVID-19 are fever, a dry cough, shortness of breath, and a sense of feeling ill. At this time of year, many of us have seasonal cold and flu that may have some of the same symptoms.

New Mexico offers testing for showing whether you have the coronavirus. Call the state hotline 855-600-3453 for current information on the nearest testing location and the criteria for testing.

What do you do if you think you may have it?

Do not go to the hospital, the Cuba Clinic, or your doctor's office. If you have the virus and enter an emergency room or doctor's office, you expose everyone there to the virus. Instead, call your doctor or call the New Mexico Health Department hotline – 855-600-3453 – to get medical advice on what to do.

The recommended treatment is to isolate yourself, rest, and take lots of fluids. You should pay attention to your breathing. If you find that you are having serious difficulty breathing, call 911. Emergency personnel will come to your home, examine you, and transport you to the hospital if your condition requires hospitalization.

The number for the Sandoval Regional Medical Center emergency room is 505-994-7000. If you do not have this number handy or cannot find the receiving station, call 911 for information on contacting hospital staff.

What do you do if you know you have been in contact with someone who now has the virus?

Isolate yourself and call your doctor or the Department of Health hotline 855-600-3453 for further instructions.

Where can you get additional information or help?

Please feel free to call Department of Health hotline 855-600-3453 if you have questions or need information. **Call 911 if you need medical help.**

Stay safe and practice social distancing. In a crisis like this we are all our brothers' and sisters' keepers. We will get through this if we stick together, so long as we stay six feet apart!